



The Nest Principles

Nurture Emotional Support Teaching (NEST)

- The Nest is a safe space where we explore our feelings and emotions.
- All behaviour is communication.
- Transitions are difficult for children. We understand that children need time and space to process this.
- Understanding is vital for a child's development & growth.
- We model good relationships and instil boundaries essential for building good self-esteem.
- Compassion, communication and empathy are building blocks to support positive well-being.
- Emotional intelligence is as important as academic success; the two go hand in hand.

We will:

- Always listen to you.
- Allow you to explore your feelings appropriately and acknowledge that we all learn differently.
- Help you to feel safe in school.
- Focus on your well-being.